STOCK DIAMOND®



CONTEMPORARY . CONSCIOUS . MINDFUL . THE STOCK DIAMOND SPA

Find your balance and stay on track. Revive your body and soul. Let your mind wander. Enjoy a new lifestyle with a new found attractive radiance. Wellness & SPA at STOCK resort is a mindful Middle Way. A self-aware-time-treat. And a gift of youth, beauty and vitality.

With unique STOCK signature treatments, our exclusive skin care line STOCK DIAMOND with precious mountain crystals and our luxury SPA rituals with highly-effective alpine herbs, we will make your trip to the Alps a journey of self-discovery. Enjoy every moment in our spa.

Christine Stock and the STOCK DIAMOND SPA team







All the beauty, elegance and charm of mountain crystal. Its clarity. Its magic and healing power – highly sought after for centuries – will soothe you in the STOCK resort in an exclusive way: with our unique STOCK DIAMOND skin care line.

With new formulas specifically tailored to the needs of our guests our products are now even more effective. They enhance the unrivalled effect of the Alpine herbs, blossom honey from the Tyrolean mountains and mountain crystal: the high quality skin products and sera sustainably replenish the skin's moisture deposits, achieving rejuvenation that is both visible and palpable - and pampers the skin with a new, subtly harmonious STOCK DIAMOND fragrance.

Every product and every STOCK DIAMOND treatment shares a deep connection with alpine nature and its treasures. Relax and unwind in the stylish ambience of our STOCK DIAMOND Suite, specially designed to ensure the ultimate spa experience. Inspired by the Alps – and exclusively available in the STOCK resort.

All STOCK DIAMOND products are dermatologically tested and awarded the rating "very good".







Since its launch in 1986, QMS Medicosmetics founder Dr. Erich Schulte has revolutionised the way we treat and rejuvenate our skin.

Pioneering technology combined with the highest level of quality and efficiency, as well as solid expertise from the development stage to the individual treatments here in our STOCK resort guarantee anti-aging success of the highest standard. Meticulous research, the development of modern technology and high quality active ingredients make the QMS facial care system one of the most established and sophisticated in the industry.

QMS has an outstanding reputation worldwide – the tailor-made, highly effective products will surely amaze you.

BALANCE ALPINE 1000*

Discover natural elixirs in their highest potency. Balance Alpine 1000+ is a range of pure plant-based natural cosmetics that give deep moisturising, revitalising care, palpable new radiance and sustainable balance. The spagyric recipes of herbal products are designed to regulate the acid-base balance and metabolism of the skin, and stimulate sustainable self-revitalisation.

Especially recommended are the holistic treatments according to Traditional European Medicine (TEM) for irritated, nervous, dry or sensitive skin of all ages.

ST BARTH

ST BARTH embodies the clear atmosphere of the island, the soul of St Barth, and draws from the source of nature. The secret of the formulas lies in the harmony of ingredients of natural origin and the gentle exotic scents of the Caribbean.

All of LIGNE ST BARTH's products are carefully crafted and manufactured on the island, giving these luxurious export goods from St. Barthelemy their unique character. With its lifestyle, LIGNE ST BARTH transports authentic values and invites you through its diverse range to a sensual journey. A journey to a place where, as the poet Charles Baudelaire put it, there is only order and beauty, luxury, peace and bliss.

MARIA GALLAND

The new Maria Galland Soin Dermatologique skin care line is culmination of 50 years of know-how and dermatological experience. The highly effective dermo-cosmetic product range has been specifically designed to restore the natural balance of tired, stressed skin – pampering your skin to achieve visibly beautiful results.

The high quality products are dermatologically tested to meet strict criteria and are free of parabens, paraffins and dyes. The scent contains no allergenic fragrances. For those who want to give their skin the finest luxury treatment, the La Ligne Mille range contains exquisite, highly concentrated antioxidants for firmer, smoother and more youthful skin with an immediate anti-aging effect.



Unique Spa experiences in the STOCK DIAMOND SUITE STOCK SIGNATURE TREATMENTS

Crystal clear. Sparkling. Healing. The mountain crystal is a rich treasure of the Alps - and the inspiration for our unique skin care line and SPA rituals. Experience the energy in the STOCK DIAMOND Suite, designed exclusively for these treatments. The three STOCK signature treatments begin with a private herbal foot bath, a relaxing herbal neck pillow and a soothing hand massage – and awaken the senses for the magical moments of these unique rituals.

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STOCK DIAMOND Intensive Peace

Body peel, bath, body wrap and soothing head and neck massage

Precious essences of paracress, Tyrolean alpine honey, ground rock crystals, etc. work deep into the epidermis and give your skin a more radiant look. Gentle massage strokes to the head and neck area guide you into a deep state of relaxation. Intensive relaxation for mind, body and soul.

Duration approx. 100 min. incl. recuperation time 155.00

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STOCK DIAMOND Palpable Harmony

Exclusive facial treatment & body peel

You are unique. Indulge your beauty with an experience that highlights this uniqueness: For 100 minutes the luxurious STOCK DIAMOND Suite is all yours to rediscover your inner radiance. The new masks and serums contain the power of mountain crystal and herbal essences from the Alps that effectively pamper, nourish and rejuvenate your skin – and instill a sense of perfect bliss as you relax in a stylish ambience.

Duration approx. 100 min. incl. recuperation time 165.00



STOCK DIAMOND Mountain Magic

Body peel and full body massage with warm mountain crystals

Our exclusive mountain crystal peeling at the start of this treatment soothes and cares for your skin by applying mountain crystal powder and a rich moisturising cream. The subsequent full body massage performed with warm arnica oil and warm mountain crystals places you in a state of ultimate deep relaxation.

Duration approx. 75 min. incl. recuperation time 140.00



charity & assistance

For each STOCK
DIAMOND Mountain
Magic treatment
booked, € 2.00 will be
donated to our charity
"STOCK for GOOD".

COOLING & RELAXING

M DETOXING & ENERGISING CLEANSING & CALMING

GROUNDING & CENTERING



and treatments in the privacy of a treatment cabin, thus guaranteeing the maximum effectiveness and success of the results you wish to achieve. Welcome to a new generation of STOCK wellness & beauty. Experience for yourself.

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Facial treatment

- Product selection: STOCK DIAMOND, Balance Alpine 1000+, Maria Galland or QMS
- with either facial massage or deep cleansing

Duration approx. 50 min 98.00

MO

Facial treatment

- Product selection: STOCK DIAMOND, Balance Alpine 1000+ or QMS
- depending on the product choice with facial massage and/or deep cleansing
- including eyebrow shaping

Duration approx. 80 min..... € 130.00 - 160.00

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Facial treatment

- Product selection: Maria Galland or QMS
- with facial massage and deep cleansing
- Treatment with highly concentrated active ingredients for skin rejuvenation

Duration approx. 110 min..... 170.00 - 180.00

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QMS Pure Oxygen treatment

- 98 % pure oxygen concentrate
- Oxygen-Energy-Applicator
- results immediately visible

Duration approx. 80 min € 165.00 Duration approx. 110 min € 185.00 with facial massage and deep cleansing

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For men

- specially adapted to male skin
- facial massage and/ or deep cleanse
- for extra power, vitality and a well-kept appearance

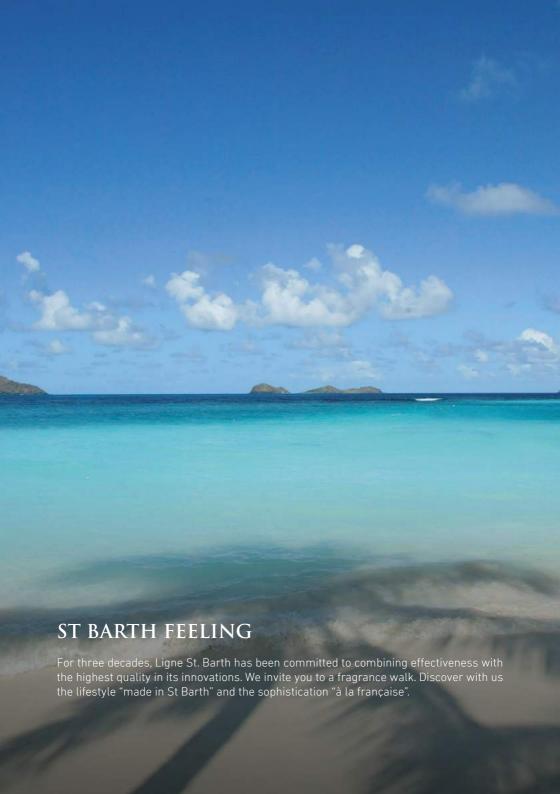
 Duration approx. 50 min......
 € 98.00

 Duration approx. 80 min.....
 € 130.00

COOLING &

A DETOXING & ENERGISING CLEANSING &





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ST BARTH Pureness

Facial and décolleté treatment with hand massage

The effect of the high-quality care products with natural vitamins and minerals is clarifying and stimulates the intrinsic activity of the skin again. For a clear, even and fresh complexion.

Duration approx. 50 min...... 110.00

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ST BARTH Freshness

Facial and décolleté treatment with fresh fruits and hand massage

An intensively relaxing facial treatment. Natural, fresh ingredients support the depth effect of the products and ensure a refined and fresh complexion.

Duration approx. 80 min..... € 135.00

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ST BARTH Relaxness

pampering Facial massage

This delightfully gentle and relaxing massage of the head and face using high-quality ST BARTH oils is a treat for anyone wishing to take some time out. Signs of stress and tiredness disappear and create a radiant appearance.

Duration approx. 25 min...... 48.00



QUICK BEAUTY TREATMENTS

Whether as an addition to the facials or as a standalone treatment. Just do something good to yourself. We are happy to advise you individually and therefore find exactly the right one for your well-being.

EYES

EYES		
Eyebrow shaping	€	18.00
Eyebrow tinting	€	18.00
Eyelash tinting	€	30.00
Eyebrow tinting and shaping	€	25.00
Eyebrow and eyelash tinting as well as eyebrow shaping	€	45.00
WELL-GROOMED HANDS AND FEET		
Manicure	€	55.00
incl. varnishing	€	60.00
Pedicure	€	70.00
incl. varnishing	€	75.00
Men spa manicure und pedicure and nail varnish	€	95.00
Manicure with Geleration	€	90.00
Pedicure with Geleration	€	95.00
Geleration removal	€	25.00
MAKE-UP		
Day or evening make-up – Duration approx. 25 min.	€	40.00
HAIR REMOVAL WITH WARM WAX		
Upper lip waxing	€	15.00
Underarm waxing	€	25.00
Back or chest waxing	€	35.00
Lower leg waxing	€	40.00
SUGARING		
Upper lip / chin / eyebrow	€	15.00
Underarm	€	25.00
Lower leg waxing	€	40.00
Back or chest waxing	€	45.00
Legs complete	€	60.00



TREATMENTS FOR KIDS AND TEENS

Beauty experts start at a young age. At the STOCK resort, we pamper our young wellness fans, princes and princesses in a loving atmosphere with a carefully selected range of services, ensuring your little ones feel happy, safe and enjoy first-class treatments. Parents are invited to accompany their children to the treatments and stay with them in the cabin. These treatments for kids and teenagers are bookable up to and including the age of 15.

TREATMENTS \Diamond

	per massage oprox. 25 min		€	42.00
Lomi Lomi	Nui massag	е		
	•		€	48.00 88.00
Sweet-sm	elling chocol	late body w	rrap	
Duration a	oprox. 20 min	l	€	42.00
Teen facia For the ind	l ividual needs	of young sl	kin.	
Duration a	oprox. 50 min	l	€	75.00
Summitee Individual f	rs ull-body mas	ssage.		
Duration a	oprox. 50 min	l	€	65.00
Share a re Splash aro berries and	sweet choco	ream togetl plate praline	her! We will serve you an alcohol-free cocktail,	straw- 50.00
For kids it cream pac	break in the s off to the ck. Comfortabl	hocolate pa y warm in t	for young and old ack and for parents or big siblings in a moist he waterbed of course! ons€	urizing 75.00
Share a re Splash aro hol-free co	cktail, strawb	t ogether – 1 and relax w erries and s	ior all ages vith a 25 minute massage! We will serve you a weet chocolate pralines. ons€	
COOLING & RELAXING	DETOXING & ENERGISING	CLEANSING & CALMING	GROUNDING & CENTERING	



STOCKS PAMPERING BATHS

Relax completely private – and feel wonderfully liberated. With spoiled senses and the essences from the alpine world it is easy to relax. To let your body and mind breathe. And to take the rest of the moment very deeply. Enjoy it.



STOCK DIAMOND Mountain crystal - Saltbath

The classic among the baths in the STOCK resort! Fine mountain crystals and salts from the Dead Sea have a soothing effect and give an incomparably soft and supple skin.

Duration approx. 20 min......€ 40.00



Tyrolean stone oil bath

The bath of rest and relaxation for optimal support of the overused musculoskeletal system. Joint / shoulder and back pain or even skin problems can be influenced positively with this Tyrolean bath. For additional muscle relaxation, you will receive a full body rub with the Tyrolean Stone Oil Skin Tonic.

Duration approx. 20 min€ 40.00



Stone pine foam bath

The high quality, natural essential oil provides deep relaxation and boosts the body and mind.

Duration approx. 20 min......€ 40.00



Base bath with peeling effect

Many regard the alkaline bath salt as a true fountain of youth for body, skin and soul. Alkaline baths gently dilate the pores and support their natural function of acid and poison excretion. The skin becomes silky soft and supple.

Duration approx. 40 min€ 50.00





STOCKS PEELINGS

You can feel how gentle scrubs cleanse, nourish, tone and nourish the skin – and how lightening creates new lightness. Each of our scrubs stimulates the circulation and leaves a smooth and visibly refined skin. Look forward to it.

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STOCK DIAMOND mountain crystal peel

One of the most popular peel treatments at the STOCK resort. Indulge your skin in a little luxury. A full body peel with mountain honey from the Tyrolean Alps, fine peeling grains from mountain crystal and moisturising avocado oil. For an intensive, yet gentle deep cleansing which stimulates the blood circulation.

Duration approx. 20 min......
€ 48.00

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Arnica & Alpine herb peel

A gentle well-being peel with delicate sea salt, white clay, high-quality STOCK DIAMOND arnica oil and local Alpine herbs cleanses and pampers the skin. For fresh and delicately soft skin.

Duration approx. 20 min...... 48.00



Salt-grape seed peel

Rediscover your silky soft skin. Fine grape seeds lift and rid your skin of dead skin cells, leaving a feeling of deep-cleansed purity. This improves circulation, which results in firmer looking skin.



ST BARTH Softness

Full body peeling with coconut oil and papaya mousse

Full body peeling for a velvety soft skin. The fruit enzymes fresh papaya and a special sea sand complex remove dead skin cells, coconut oil nourishes the skin and pampers it with valuable nutrients. Ideal as a preparation for a particularly long-lasting and even tan.

Duration approx. 45 min...... € 68.00





STOCK DIAMOND lifting cream body wrap

Extracts such paracress, Tyrolean mountain honey, cocoa butter and fine mountain crystals relax the muscles and lead to firmer skin.

Duration approx. 20 min. | in the water bed 48.00



Moisturing cream body wrap

Intensive moisturiser for dry skin. Special base oils moisturise the delicate and most challenged parts of the body to ensure optimum hydration.

Duration approx. 20 min. | in the water bed 48.00

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Alpine Fango mud body wrap

A relaxing, anti-inflammatory back mud wrap for muscles and jointbones.

Duration approx. 20 min. | in the water bed 42.00

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ST BARTH Elasticity

Body wrap with fresh cucumber mousse and clay

Intensive body care to improve the appearance of the skin through valuable minerals and vitamins. The products ensure a smooth and firm skin.

Duration approx. 45 min...... 84.00



ST BARTH Sensation

Body pack with soothing relaxation massage

Intensive moisturizing body wrap that enhances the appearance and elasticity of the skin through high lipid intake. You get a refined and velvety silky skin on the whole body.

COOLING & RELAXING

DETOXING & ENERGISING

CLEANSING &





EXCLUSIVE PAMPER MOMENTS

Enjoy exclusive SPA rituals with lasting relaxation and optimal effectiveness. Find your own personal balance with our detoxifying and cleansing treatments.

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Alpine Hamam

Pamper yourself with products from the Tyrolean Alps. This treatment stimulates your metabolism and invites you to experience this traditional cleansing ritual with an alpine twist. A full body natural salt scrub exfoliates your skin and optimally prepares it for the subsequent pine-soap lather massage. The final stage of the treatment, an oiling with a special alpine herb oil, leaves your skin with a silky soft feel.

Duration approx. 75 min...... 135.00

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Body effect treatment

If you are looking to firm certain parts of the body quickly, then this detoxifying, stimulating and firming treatment is ideal. The result is firmer connective tissue and tighter contours – fast, effective and easy!

Duration approx. 75 min...... 145.00

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Detox foot bath

The Ion Detox System is based on an electro-physical process in which water is highly ionised. This stimulates lymph drainage and blood circulation, which boost the excretion of toxins and reduce the acidity in your body.



Ear candle treatment

This natural healing method has its origins in the centuries-old culture of the Hopi Indians and has a particularly cleansing and detoxifying effect on the frontal and sinus cavities!

Duration approx. 25 min€	48.00
with facial lymph drainage approx. 50 min€	85.00
with head & neck massage approx. 50 min€	85.00

COOLING & RELAXING

DETOXING & ENERGISING

CLEANSING & CALMING





MASSAGES TO MAKE YOU HAPPY

Trust keeps us grounded, gives us a sense of security, so we can relax and enjoy soothing comforts. At the STOCK resort, you can relax in the certainty of being in the best hands. Touch by touch, your therapists will gradually work from the outer layers of the body to take you deeper and deeper into a wonderful world of relaxation and regeneration. Breath by breath, you will feel your body acquire a new lightness and the senses awaken. Revitalise your spirit with alpine and Far Eastern treatments, which include classic and exotic massage.



La Stone

Hot basalt stones and cold marble stones are the highlight of this incredible full body massage. This massage not only relaxes the body, but also balances the physical and emotional energies.

Duration approx. 75 min. with recuperation time...... 130.00



Herbal stamp massage

This full body massage combines a classic massage with a pleasantly warm aromatic stamp treatment using stamps filled with mountain herbs. A real treat that allows you to experience the power of alpine nature!

Duration approx. 75 min. with recuperation time...... 138.00



Singing Bowl Treatment with Tibetan Gongs

The sound that emerges from the singing bowl touches our innermost part, triggering a resonance in the soul. The sound releases tension, mobilises self-healing powers and sets free creative energy. Light sportswear is recommended for this treatment.

Duration approx. 50 min. with recuperation time...... 85.00

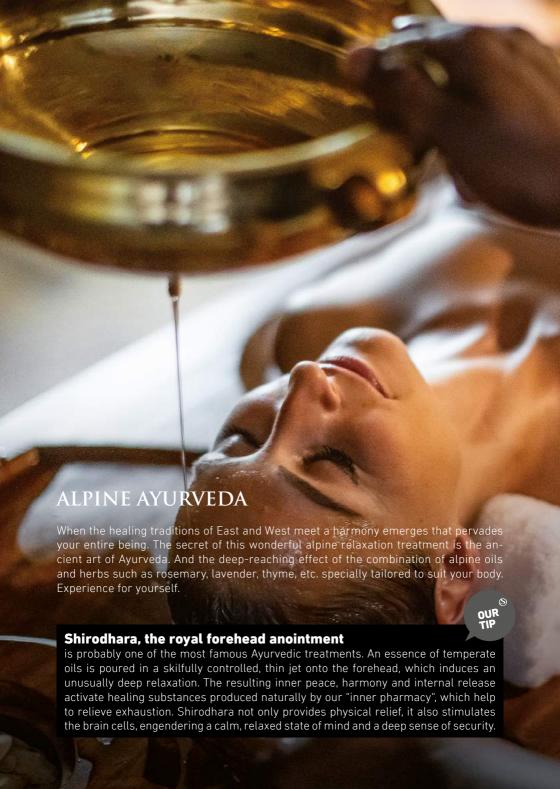
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Lomi Lomi Nui

So gentle, so sensual and so unique. This Hawaiian full body massage uses warm coconut oil. It's not for nothing that it is called the "queen of massages". The fluid, rhythmic and gentle strokes release inner muscle tension. In addition to ultimate relaxation, the massage also provides physical, mental and spiritual purification.

Duration approx. 75 min. with recuperation time...... 140.00





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Abhyanga – experience the loving hands

Let yourself go completely with this full body oil massage. This gentle massage with warmed oil calms the nervous system, promotes deep relaxation and reduces stress. It also detoxifies the body and strengthens your connective tissue.

Duration approx. 100 min. with forehead anointment* &	
ST BARTH shampoo (25 ml)€	175.00
Duration approx. 80 min. without forehead anointment*€	135.00

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Shiroabhyanga - let your thoughts go with the mountain wind

This special head treatment is one of the most relaxing you'll ever experience. Particularly recommended for insomnia, stress or migraine, it imparts a feeling of perfect wellbeing, inner peace and harmony. It stimulates the senses and the soul, and gives you energy.

Duration approx. 75 min. with forehead anointment* &	
ST BARTH shampoo (25 ml)€	135.00
Duration approx. 50 min. without forehead anointment*€	95.00



Padabhyanga - climb mountains with ease

This extremely soothing massage gives your feet strength and stability. The treatment also massages the marma points (vital energy points), which help to strengthen the whole body, reduce stress and relieve insomnia, so you can enjoy a good night's sleep.

Duration approx. 5	50 min€	95.00
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Shiroabhyanga and Padabhyanga

The Ayurveda head, neck and foot massage is a special experience for people who are stressed or have difficulty switching off. This massage combination is a source of letting go & recharging your batteries. The new energy seeps in and takes effect at the deepest level.

Duration approx. 100 min. with forehead oil treatment* &	
ST BARTH shampoo (25 ml)€	165.00
Duration approx. 80 min. without forehead oil*€	125.00

^{*} treatments with recuperation time



DETOXING & ENERGISING

CLEANSING & CALMING



THE CLASSICS

Partial body massage	
Duration approx. 25 min€	48.00
Full body massage 🔨	
Duration approx. 75 min€ Duration approx. 75 min€	
Back, shoulder & neck massage	
Duration approx. 50 min€	90.00
Reflexology foot massage ↑	
Duration approx. 25 min€	48.00
Reflexology massage with foot bath & peel	
Duration approx. 50 min€	90.00
Massage-mix	
Duration approx. 50 min€	90.00
Manual lymph drainage ∕∧ for either legs, arms, back or stomach	
Duration approx. 50 min€	90.00
Facial lymph drainage ∕∕∖	
Duration approx. 25 min€	48.00
Contains with refreshing ambiguities	
Sports massage with refreshing embrocation This slightly firmer full body massage stimulates metabolism and blood flow muscles. Ideal after an active day in the Alps. At the end of the massage, a refractional rock oil skin tonic is applied for additional muscle relaxation.	
Duration approx. 50 min€ Duration approx. 75 min	

PHYSIOTHERAPY AND SPECIAL TREATMENTS



Trigger point massage

Trigger points are localised, palpable nodules which project or "trigger" pain in remote areas of the body. Headaches, dizziness, back pain, blocked ears, etc. can be alleviated or even eliminated in just one treatment session.

Duration approx. 25 min€	50.00
Duration approx. 50 min. inkl. classic massage€	90.00



Physiotherapy special

Our therapists will pamper you with a special treatment carefully tailored to suit your needs. In the consultation at the start of the session, the therapist will assess your individual requirements. We will then select a treatment from the wide range of techniques available at the Stock resort, and customise this just for you – because you are unique

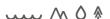
Duration approx. 50 min€	90.00
Duration approx. 75 min€	125.00



Siegel Barefoot Massage

Our physiotherapist Jens massages sensitively with his feet, but also applies plenty of pressure. This treatment removes blockages along the spine.

Duration approx. 25 min€	50.00
Duration approx. 50 min. (Step-on and classic massage)€	90.00



Fascination motion

FASCINATING MOTION is a newly developed treatment and part of the Balance Alpine 1000+ concept based on the latest sports and motion scientific technology. The treatment combines fascia therapy with other specific techniques to release tension and adhesion of the muscle and tissue structures. The result is sustainable mobility and freedom of movement, loosening of blockages and accelerated muscle recovery.

Duration approx. /5 minŧ 120.00	Duration approx.	75	min€	Ē	120.00
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COOLING & RELAXING

M DETOXING & ENERGISING CLEANSING &





TIME FOR TWO

Love: The most precious commodity. The secret formula: Spending time together. The perfect location: Our Romantic Suite, your stylish hideaway for two. Here in the tranquility of the Alps, you can savour the scents and experience unforgettable moments. In the privacy of our elegant suites, you relax in comfort and enjoy sparkling romance. And, of course, the STOCK feeling. Surprise your partner and give your relationship a boost.



Kaiser bath - rendezvous for the senses

Enjoy unforgettable moments of relaxation in a bath for two with scented oils and moisturisers that care your skin. Toast your love with a glass of prosecco. Followed by moments with delicious fresh fruit. Enjoy your time together – and after bathing you and your partner can relax in one of our wonderful waterbeds by candlelight, where you will be undisturbed.

Duration approx. 60 min. for 2 persons 85.00



Romantic bath – a gift for lovers

Lovers' delight: Snuggle up in a relaxing bath for two by candlelight with scented oils and moisturisers. Bathing in front of a fireplace with sparkling prosecco and fresh fruit ensures this rendezvous will be a truly unforgettable date. Parallel back and neck massages – with partners side by side – provide a wonderful finale to this memorable experience.

Duration approx. 90 min. for 2 persons 155.00

STOCKs private spa time

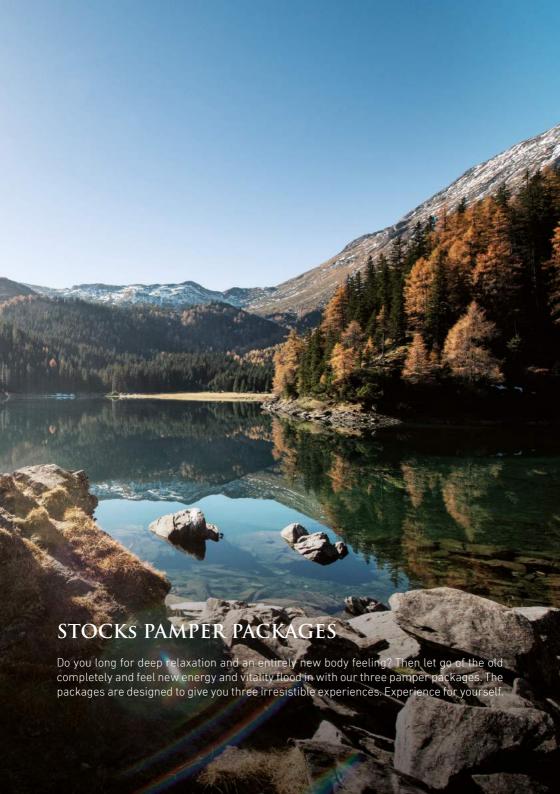
Let yourself go well in your private spa with a bio sauna and then relax in a romantic spa bath with rest on the waterbed. Enjoy a time together with a large bottle of Secco and some snacks, such as chocolate pralines, nuts and a fruit plate.

Duration approx. 120 min. for 2 persons...... 145.00

STOCKs time for two

Enjoy a joint visit to your private bio sauna followed by a cozy bath with pleasant oils and nourishing additives. Let yourself be pampered with a parallel massage of approx. 50 minutes and then rest on the waterbed. For your time as a couple we serve a bottle of secco and some delicious snacks, such as chocolate pralines, nuts and a fruit plate.

Duration approx. 180 min. for 2 persons......€ 275.00



M 0 % Alpine dreams for ladies facial treatment of your choice (80 min) STOCK DIAMOND mountain crystal peel (20 min) full body massage (50 min) M 0 A Alpine dreams for men facial treatment of choice (50 min) alpine fango mud pack (20 min) full body massage (75 min) MO STOCKs detox body effect treatment (75 min) reflexology massage (25 min) Ion Detox System foot bath (40 min) base bath with peeling effect (40 min) **....** ◊ « For moms to be balancing head and neck massage (25 min) manicure or pedicure with nail varnish facial treatment (80 min)



STOCKs athlete

- tyrolean stone oil bath (20 min)
- vitality massage with unction (75 min)

COOLING &





M 0 A

Pure man thing

- facial treatment (50 mins)
- manicure or pedicure (50 mins)
- full-body massage (50 mins)

.....€ 225.00





STOCKs kids package

- chocolate pack (20 mins)
- kids' pamper massage (20 mins)
- facial treatment (50 mins)

......€1450.00

QUALITY TIME WITH YOUR BEST FRIEND!

Where possible, we can plan your treatments to take place at the same time so you can spend lots of time together!

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Friends' package - short stay

- Facial treatment of choice (50 mins)
- STOCK DIAMOND mountain crystal peel (20 mins)
- Part-body massage (25 mins)
- 1x relaxation session afterwards with Prosecco & strawberry pralines in the relaxation room

per person€ 170.00

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Friends' package - long stay

- Facial treatment of choice (80 mins)
- Manicure (without varnish)
- STOCK DIAMOND mountain crystal salt bath (20 mins)
- Lomi Lomi Nui (75 mins)
- 1x relaxation session afterwards with Prosecco & strawberry pralines in the relaxation room

per personŧ 340.00

COOLING & RELAXING DETOXING &

CLEANSING &

GROUNDING & CENTERING



STOCKS HAIRDRESSER

A new haircut with a type advice? The bangs should be cut? You want a new hair color? Our hairdresser Sandra is helping you on TUESDAY, WEDNESDAY, FRIDAY and SATURDAY from 09.30 a. m. - $08.00 \, \text{p. m.}!$

WOMEN

Washing and cut (including advice.	head massage.	firming.	finish)
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Short	€	50.00
Long	€	60.00
Washing and styling (including advice, head massage, fi	nish)	
Short	€	30.00
Long	€	40.00
Bangs cutting	€	10.00
Tail staining or gloss tint	€	50.00
Tinting full-head	€	60.00
Foil strands	€	65.00
Foil strands only on the upper head	€	40.00
Foil strands single (1 - 3)	€	15.00
Conditioner / conditioner spray / Hairoil	€	10.00
Intensive care and head massage	€	15.00
Pin up without washing	€	35.00
Pin up with washing	€	65.00
Hairwater	€	5.00
MEN		
Washing, cut, styling		
incl. advice, head massage, firming, finish	€	30.00
Normal haircut without washing	€	25.00
Machines haircut	€	20.00
KIDS (up to 12 years of age)		
Girls		
washing, cut, styling incl. advice/finish	€	35.00
without washing	€	20.00
Boys		
washing, cut, styling incl. advice/finish	€	20.00
without washing	€	15.00
Toddlers	€	10.00



SPA-ETIKETTE

YOUR APPOINTMENT AND CANCELLATION TERMS & CONDITIONS

To make sure to best fulfill your wishes in terms of treatments and time, we strongly recommend that you make the booking before your arrival.

You can arrange your appointment or special request via phone on +43 52856775 429 or via email at beauty@stock.at. We will do our best to fulfill your wishes. You will receive your appointment schedule upon arrival at the hotel reception. If you would like to book further treatments once you arrive, the STOCK DIAMOND SPA team are available from 09.00 a. m. to 07.00 p. m., daily.

If you are unable to attend a booked appointment, we ask that you notify us no later than 24 hours before the agreed time. **Failure to comply with this condition will result in an 100% no-show charge being incurred, based on the price of the treatment.**

INDULGE YOURSELF AND FEEL A SENSE OF WELLBEING

We recommend that you check in for your appointment at our SPA reception ca. 10 minutes before the booked time, where you can enjoy a healthy cup of tea or glass of fresh spring water. The treatment time that follows is all yours – close your eyes, take a deep breath and enjoy the pampering moments of relaxation and wellbeing. Please note that, if you are late, we are required to keep to the treatment times and cannot overrun out of respect for the following guests. We also recommend that you plan for an additional ca. 20 minutes recuperation period before leaving the spa to fully enjoy the benefits and the special feeling after a STOCK SPA treatment.

OPTIMAL TREATMENT

For the treatments we offer we aim to individually cater to your individual needs. To help us achieve this we ask you about the desired results that are important to you, before and after the treatment. Our therapists will, of course, treat this information in the strictest confidence. Please let us know if you would prefer a male or female therapist and we will take this into account.

DRESS CODE

For massages, beauty and body treatments we ask that you undress right down to your underpants and arrive for your treatment at the spa in a bathrobe, which you will find in your room. We can also provide disposable underwear for HER and HIM. During the treatment you will be covered with a linen cloth or hand towel so that your privacy is maintained.

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#MY ALPINE LIFE BALANCE



MY ALPINE SPA CONCEPT

As human beings, we constantly strive to regain balance, just like alpine nature does. The needs of every individual are as different as their personal notions of balance. And that, of course, also applies to the paths that take them there. In addition to this, one's wishes and desires are ever changing. They might, for instance, be influenced by the seasons, current sensitivities, or simply be based on spontaneous impulses. That's why it is so important to find your own path to ensure your personal well-being.

In light of all these facts, the Best Alpine Wellness Hotels has developed a spa cancept utilising the power of the mountains, which both gives you a choice and guides you along the way. The different applications and packages, using herbal assences, are marked by these symbols. The wave refers to an application that has cooling and liberating effect. The mountain stands for an activating and relieving effect. The drop represents cleansing and caiming applications, and the tree symbolises treatments that help to ground and centre your liner self. The circle is a synonym for the combination of sports and spa applications, no matter what the season. This is why we invite you to choose for yourself!



BALANCE ALPINE 10000 -

With Balance Alpine 1000*, the Best Alpine Wellness Hotels offeryou exclusive products that have the power of the Alps themselves. Precious herbal essencis taken from sustainably grown mountain herbs form the basis of the products. The result is precious, unique creams, oils and oxions for facial and body treatments that are deeply nourishing for your skin, help to rebuild it and therefore naturally emphasise your unique beauty.

Balance Alpine 1000+ body treatments help to shift tension and blockages, providing relief for the muscutoskeletal system. Balance Alpine 1000+ facial treatments have a far-reaching, nourishing effect and strengthen our skin's foundations.

The natural cosmetics have no artificial colourings, preservatives, mineral oils, paraffins or parabens. So they are suitable for all skin-types; even very sensitive or irritated skin.

Additional information is available via: www.balancealpine.at



MOUNTAIN DANDELION

Dandelion has a cooling effect for over-exerted muscles and supports regeneration. It also has a soothing cleansing effect.





Thyme provides warmth and strength for the respiratory system and supports relaxation. Giving you inner peace.





Yarrow invigorates connective tissues and alleviates and strengthens the veins. It is also balancing and regulating.





Angelica supports regeneration and has a general strengthening and invigorating, but also harmonising effect. It increases energy and vitality.

feeling

